

Volume 2, number 7
March 2017

WHAT'S NEW IN AUTISME MONTRÉAL'S DIRECT SERVICES

Audrey, who has been working in our offices for the last year, will now be accompanied by Rachel, who has newly joined Autisme Montréal's team. Both Audrey and Rachel will be Responsible of direct services. Rachel can be contacted for Weekend Respite Services at the Maisonnette, as well as Rock-Camp-Bol and Wasabi sections of our Summer Respite Service. Audrey can be reached for Christmas camps, Spring Break camp and the Bergamote section of our Summer Respite Service. You can read their personal descriptions listed below, to help you know them better.

Rachel Auclair



My training...

I have a bidisciplinary bachelor's degree in psychology and sociology. Currently, I am doing a certificate in health and social services management.

My former life...

I have been working in a pool for 9 years. I was a swimming instructor for 5 years and have been a supervisor for 4 years! I have also worked for more than 3 years in a fertility center with infertile couples. I have also worked as a camp counselor in a day camp for 3 summers.

Did you know that...

During all my youth, I spent my summers in a specialized outdoor camp. Despite the fact that I am often perceived as a "princess", I am a real girl of the woods! During my last summer at the camp, I spent one month on a canoe-camping expedition! I have continued to use my sense of adventure during my trips with a backpack. For instance, I visited France, Italy, Spain and Portugal this way. I have also visited California and Costa Rica!

My dreams...

To continue travelling as much as I can and be able to "change" the everyday life of people (close or far from me) as well as I can through my work and ambitions.

My obsessions...

Good food, good company and small daily pleasures, like a really good latte to start the day, for example ;).

Mon patois...

"Oh my GOD!"

Audrey Blanchette



My training...

I am currently studying psychoeducation at the Université de Montréal so that I can obtain a master's degree in psychoeducation.

My former life...

Before working in the offices of Autisme Montréal, I have held several positions in the organization. I worked for the Summer Respite Service, Christmas and Spring break camps as well as La Maisonnette. I also worked for the shadowing-babysitting service with several families. I have been working for Autisme Montréal since 2010. I have also held other small jobs. I have worked in a restaurant, a day-care center and I was a cashier in a store.

Did you know that...

I have been a cheerleader for 12 years. Currently, I am part of a team trying to qualify for the world cheerleading championship in Florida, in April. I am also a cheerleading coach. I have formed and trained the cheerleading team at Georges-Vanier High School for 7 years. Currently, I train children and teenagers 7 to 14 years old, at the civil level.

My dreams...

Someday, I would like to offer specialized services in day-care centers for children with adjustment difficulties. I obviously would also like to have children.

My obsessions...

I do not have any for the moment, but with age, I might develop some.

My patois...

"Eh boyeeeeeee!"

IT'S TIME TO RENEW YOUR ANNUAL MEMBERSHIP

It is now in April that Autism Montreal renews the agreements with its members. If you have not renewed your membership fee yet, next month you will receive a notice reminding you by mail or by e-mail. **Please note that all users of direct services must be members in good standing of Autism Montréal and this every year.**

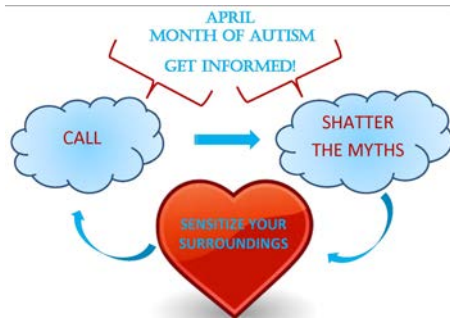
If you moved or will do it soon, please do not forget to send us your new address. I will then update your file and you will be able to continue receiving our correspondence without any problems!

For more information please contact Chantal Pivin at 514-524-6114 ext.3201

BOARD GAMES FOR TEENAGERS!

Do not forget to register your child to the Board Games Afternoons for teenagers 12 to 17 years old with ASD without Intellectual Delay! A fun and free activity! So, take advantage of it!

For more information or to register, please contact Emma Paré-Chouinard, at 514-524-6114, ext. 3141.



APRIL ACTIVITIES: AUTISM AWARENESS MONTH

For the month of autism, Autisme Montréal is hosting several upcoming events. Everyone is welcome!

April 2

- **WORLD AUTISM AWARENESS DAY**

Light it up blue

Buy a blue light bulb and light up your home with it for one day.

Wear some blue

One of the simplest ways to raise awareness regarding autism with those around you is to wear blue clothes and explain to them why you are wearing them.

If you publish pictures on social networks regarding World Autism Awareness Day, please do not forget to use the **hashtag #2avrilenbleu**.

- **PREMIUM KIDS**

Register for the Airport Process Familiarisation Day at the Montreal airport. Each participant will experience a simulated trip, starting with their arrival at the airport and up until they board an aircraft (there will be no flight). To register, please complete the form at the following address:

http://autisme-montreal.com/wp-content/uploads/2017/02/2017_Formulaire_JF_B.pdf.

April 3

- **DARE TO OVERCOME PREJUDICES**

Presentation of an awareness video on our social networks. Please do not hesitate to share it.

April 7

- **LET'S DANCE FOR AUTISM**

Do not miss our dancing evening at the Sporting Club Montréal. The evening will be hosted by DJ MERDOG, Gabby Zumba Love and Sherly! Tickets are on sale for \$10. You may buy your tickets directly online at <http://autisme-montreal.com/en/upcoming-events/dancing-night/> or at our offices.

April 11

- **INFORMATION SESSION AND FAIR OF ARTISTS AND ENTREPRENEURS WITH AUTISM**

During this event two information sessions for parents and professionals on employability and communication will be presented. There will also be various exhibitors presenting their work, artists, craftsmen, writers, or entrepreneurs, who are on the autism spectrum. Register for the event quickly, as space is limited! Registration by email or by telephone: ffirmin@autisme-montreal.com or 514 524-6114, extension 3142

April 22-23

- **PARTICIPATION OF AUTISME MONTRÉAL TO THE SCOTIABANK CHARITY CHALLENGE.**

You enjoy running and you would like to take part in this run to raise funds for Autisme Montréal? Please register at the following address: http://canadarunningseries.com/bsm_caritatif/autisme-montreal/.

April 29

- **WALK FOR AUTISM**

This year, we invite you to join us at Phillips Square to take part in the Walk for Autism. The activity will start at 1:30 p.m. Children, parents, friends and professionals are invited to participate in this awareness walk. Join us in great numbers and wear blue.

<http://autisme-montreal.com/en/upcoming-events/walk-for-autism/>

Once again this year, participants aged 3 to 24 years old will have the opportunity to enjoy a stay in our Summer respite service, once their registration has been confirmed. The Summer Respite Service welcomes individuals with autism spectrum disorders who live with their natural families.

The Summer Respite Service aims to provide support and respite for families, as well as enable participants to preserve the skills they have learned throughout the school year. All participants will have the opportunity to attend a camp session, in which they will be exposed to new experiences through their daily activities. The camp emphasizes the pleasure of learning alongside one's peers. We also work on helping participants develop a greater sense of autonomy, allowing them to take pride in their accomplishments, and to participate actively in community life. We select individual activities, group activities as well as outings in the community and municipal facilities.

The Summer Respite Service is divided into 3 sections:

Bergamote section: for participants aged 3 to 15 years old.

Rock-Camp-Bol section: for participants aged 14 to 24 years old.

Wasabi section: for participants with severe behavior problems and/or special needs.

The Summer Respite Service offers a ratio of one shadow for each participant, which can be adjusted as necessary.

BERGAMOTE:

1st stay = June 26 to July 21, 2017

2nd stay = July 24 to August 18, 2017

ROCK-CAMP-BOL AND WASABI (socialisation group of Rock-Camp-Bol):

1st stay = July 3 to July 25, 2017 (3 weeks and 2 days)

2nd stay = July 27 to August 18, 2017 (3 weeks and 2 days)

TIME: Monday through Friday, 9:00 a.m. to 4:00 p.m.

Daycare service available for a fee of \$14/hour (from 8:00 a.m. to 9:00 a.m. and 4:00 p.m. to 5:00 p.m.).

FEES: You must be a member of Autisme Montréal (\$30/year).

The camp fees are \$900 for 4 weeks participation at Bergamote.

The camp fees are \$800 for 3 weeks and 2 days at Rock-Camp-Bol and Wasabi.

Fees include registration, activities and outings.

For more information about the procedures and registration date, please click on the following link: <http://autisme-montreal.com/en/our-services/summer-respite-service/>

For more information about other summer respite service in Montreal click on the following link: <http://autisme-montreal.com/wp-content/uploads/2014/09/r%C3%A9pertoire->



NOS COORDONNÉES

Téléphone : 514 524-6114

Télécopieur: 514 524-6420

accueil@autisme-montreal.com

4450 Saint-Hubert, local 320

Montréal, Qc, H2J2W9

Pour les coordonnées complètes de l'équipe consulter le :

<http://autisme-montreal.com/qui-sommes-nous/employes/>



ADVOCACY

During the month of February, Autisme Montréal has taken part in the activities of the "Commit to the community sector" movement and more specifically, the Montreal actions of FRACA Montréal.

The aim is to demand adequate support from the government for organizations engaged in autonomous community action (ACA), namely increased funding and respect of its autonomy as well as reinvestment in public services and social programs. To obtain additional information on the "Commit to the community sector" movement, please visit: <http://engagezvousaca.org/> <https://www.facebook.com/fracamontreal/>

We have also implemented a new video testimonial campaign. Families, individuals with ASD or relatives can send us the questions they would like to ask the government in their videos. Afterwards, the videos will be broadcast each week to all the provincial MNAs and on our social media.

Here are a few:

<https://www.youtube.com/watch?v=qv3RveWSwIo>

<https://www.youtube.com/watch?v=mg8WgWXBOnQ>

https://www.youtube.com/watch?v=88T_CFGrQ90

Participate in this campaign and send us your video to the following address:

actions@autisme-montreal.com

