



DO NOT  
MISS!

### CONFERENCE

Next November 4<sup>th</sup>, a conference will be held on the theme of "Looking beyond the surface of self-injurious and aggressive behaviors in individuals with autism spectrum disorder: When should medical problems be considered". Do not miss the opportunity to meet with Dr. Nancy O'Hara, MD and ask her all your questions!

The cost to attend this conference is \$25 for parents, autistic individuals and students and 55\$, for professionals.

For more information or to register, please visit: <http://autisme-montreal.com/en/our-services/conference-et-atelier/>

### HOLIDAY RESPITES

The Holiday Season will soon be here and it is important to plan it well! A total of 23 participants will attend the camp, with a shadow/participant ratio of 1 to 1. Please note that for each camp, the cost includes lodging, food, activities and supervision.

#### Christmas camp 1

Place: La Maissonnette  
Dates: December 27 to 29, 2016  
Number of places: 8

#### Christmas camp 2

Place: La Maissonnette  
Dates: January 3 to 5, 2017  
Number of places: 8

#### Christmas camp 3

Place: La Maissonnette  
Dates: January 6 to 8, 2017  
Number of places: 7

Menu: Caseine and gluten free

Cost: \$305

To take part in one or the other camps, you must register by phone on **OCTOBER 19TH**, starting at 7:30 a.m., and mention clearly the stay that you want at 514-524-6114, ext. 3182. Please note that the principle of "first come, first served" will be applied.

<http://autisme-montreal.com/en/our-services/christmas-camps/>

### BOARD OF DIRECTORS 2016 – 2017

At our extraordinary general meeting, last June 11<sup>th</sup>, 2 new Board members were elected to join the Board of Directors, namely Mrs. Faouzia Belounis and Mrs. Aurélie Paquet. The remaining 5 positions were filled by Mrs. Fabiola Pascal, Dr. Erwin Neumark, Mrs. Marie-Claire Gascon, Mrs. Sylvie Mouna and Mrs. Carmen Lahaie, who have all accepted to renew their mandate for next year. We wish to sincerely thank Mr. Ariel Guberman and Mrs. Ginette Bernier for their commitment over the past few years and the time they have devoted to the Board of Directors of Autisme Montréal.

NEW

### BOARD GAMES FOR TEENAGERS

This fall, Autisme Montréal will organize a board game activity for teenagers aged 12 to 17 years old with ASD without intellectual delay.

Location: Autisme Montréal offices, 4450, St-Hubert Street, in Montréal.

When: 1 Saturday afternoon per month for a block of 3 - 3.5 hours, from October to June.

For more information: <http://autisme-montreal.com/en/our-services/asd-without-intellectual-delay-activities/>

## FUNDRAISING EVENT

Fall means... **HOCKEY** season!!!

On Saturday, November 12, the Canadiens Alumni team will face the Local 711 company in a hockey game to benefit Autisme Montréal. Tickets are \$10 per person and the game will be held at 2:00 p.m. at the Colisée de Laval, 1110, Desnoyers Ave., Laval, H7C 1Y5. You may buy your tickets at our offices or directly online by clicking on the following link: <http://autisme-montreal.com/en/fundraising-event/>

Do not wait until there are no more tickets!



## DOCUMENTATION CENTER

Here are two new books that you can borrow from our Documentation Center, Monday through Friday, from 8:30 a.m. to 12:00 p.m. and 1:00 p.m. to 4:30 p.m. For more information: <http://autisme-montreal.com/en/documentation-centre/>

***The Anti-Anxiety Food Solution***, from Trudy Scott.

An easy-to-use guide, which proposes 4 different anti-anxiety diets designed to help you address nutritional deficiencies that may be at the root of anxiety, as well as a list of foods that foster increased emotional balance.

***Aspergirls – Empowering Females with Asperger Syndrome***, from Rudy Simone.

A book about females who have Asperger Syndrome, in which the author, an Aspergirl, offers precious advice on various issues related to personal as well as professional life, for a woman who has Asperger Syndrome.



### CONTACT INFORMATION

**Telephone: 514-524-6114**

**Fax: 514-524-6420**

**[accueil@autisme-montreal.com](mailto:accueil@autisme-montreal.com)**

**4450, Saint-Hubert Street, Room 320  
Montreal, QC, H2J2W9**

**For the complete contact information of our team, please visit:**

**<http://autisme-montreal.com/en/about-us/staff/>**



## SUPPLEMENT FOR HANDICAPPED CHILDREN WITH EXCEPTIONAL CARE NEEDS

Do you have a child under 18 years old with a disability?

Do you receive the government subsidy "Supplement for handicapped children"?

If yes, you could ALSO be eligible for the new government subsidy "Supplement for handicapped children with exceptional care needs" and receive 947\$ per month.

[http://www.rrq.gouv.qc.ca/.../supplement-enfant.../LPF827\\_en.pdf](http://www.rrq.gouv.qc.ca/.../supplement-enfant.../LPF827_en.pdf)

ASK FOR IT!

## COMPLAINTS

Once again this year, we have often heard families say that they had experienced **cuts** to their "Soutien aux familles" budget (budget from the CLSC to obtain respite), as well as excessive **delays** to obtain specialized services. These situations cannot be tolerated anymore. They are harmful for your child and yourself. **DENOUNCE THEM!** To help you do so, sample letters are available on our Web site:

<http://autisme-montreal.com/en/individualcollective-human-rights-advocacy/it-is-time-to-act/>

