

Volume 3, Number 1

### GREAT ADVANCES FOR AUTISME MONTRÉAL

During the year that ended last March, the Board of Directors, the Director General as well as the administrative team carried out a strategic thinking exercise to look at the growth of the organization. Thanks to this approach, Autisme Montréal has a new mission statement, a shared vision and well-defined values.

#### A NEW MISSION STATEMENT

“Autisme Montréal is a non-profit organization that strives to improve the living conditions of individuals with an autism spectrum disorder (ASD) as well as those of all their family members.”

On our website, you will be able to read paragraphs that better explain our mission as well as the aspects that distinguish our organization.

#### A PROUDLY SHARED VISION

Our vision...

A different look,  
a hope for development.

A shared intention,  
the power to change everything.

Autisme Montréal:

“A place that inspires and unites,  
carries hope, promotes growth and social solidarity.”

#### OUR VALUES

Our 5 values identify what we wish to promote in the performance of our duties: [Openness](#); [Cooperation](#); [Courage](#); [Perseverance](#); [Professionalism](#).

On our website, they are accompanied by brief descriptions to help clarify the meaning we wish to give them.

#### OUR BOARD OF DIRECTORS FOR 2017-2018

At our annual general meeting, last June 10, 3 new Board members were elected to join the Board of Directors, namely Mrs. Carol-Ann Hunter M<sup>c</sup>Lean, Mr. Robert Searle Jr. and Mrs. Carole Dodeman. The remaining positions were filled by Mrs. Fabiola Pascal, Mrs. Marie-Claire Gascon, Mrs. Sylvie Mouna and Mrs. Carmen Lahaie, who have all accepted to renew their mandate for next year. I wish to take this opportunity to sincerely thank D<sup>r</sup> Erwin Neumark, Mrs. Faouzia Belounis and Mrs. Aurélie Paquet for their commitment and the time they have devoted to the Board of Directors of Autisme Montréal.

Have a great 2017-2018 year!

### THE BOARD GAMES AFTERNOONS FOR TEENAGERS

#### ARE BACK IN SEPTEMBER!

Do not forget to register your child to the Board games afternoons for teenagers 12 to 17 years old with ASD without ID!

**A fun and free activity!  
So, take advantage of it!**

For more information or to register your child, please contact: Emma Paré-Chouinard, at 514-524-6114, ext. 3141.

### ACTIVITIES OFFERED TO PEOPLE WITH ASD WITHOUT INTELLECTUAL DELAY

#### Between ASDs Evenings

Those nights are a great opportunity for adults with ASD without ID to meet in a relaxed atmosphere around a small buffet. Their parents are invited to meet in another room to share their experiences. The next evening will be held on Friday, September 22.

For more information:

[nboulet@autisme-montreal.com](mailto:nboulet@autisme-montreal.com) or  
[epchouinard@autisme-montreal.com](mailto:epchouinard@autisme-montreal.com).

<http://autisme-montreal.com/en/our-services/asd-without-intellectual-delay-activities/>

## BENEFIT EVENT - BLUE COCKTAIL SIGNÉ AUTISME

The Blue cocktail signé Autisme evening, an event not to be missed organized for the benefit of Autisme Montréal, will be held on October 3 at La Cenne room.

This evening is back for a second year under the theme of hypnosis with no less than **Stéphane Dumais**, hypnotist and mentalist. The evening will once again be skillfully hosted by the humorist Mathieu Gratton, and he will be joined with other guest humorists. Be prepared to experience something out of the ordinary.

Silent auction on site, as well as appetizers and a *blue signature cocktail* will be offered.

Tickets are on sale for \$50. Do not hesitate to buy your tickets!

Online <https://lc.cx/cuZG> or by contacting us at 514 524-6114 extension 3201.



DO NOT  
MISS!

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## CONFERENCE WITH ISABELLE HÉNAULT

### THE DEVELOPMENT OF AUTONOMY FOR INDIVIDUALS WITH ASD WITHOUT INTELLECTUAL DELAY

October 27th a conference will be held on the theme of The development of autonomy for individuals with ASD without intellectual delay. This conference, which is addressed primarily to parents of individuals with ASD without intellectual delay and professionals who work with them, will cover the following topics:

- How an individual's functioning in daily life is affected by the presence of an ASD
- The objectives that must be prioritized to encourage the attainment of autonomy
- The strategies and hands-on tools that can help to foster the development of autonomy for individuals with ASD without intellectual delay, in order to assist them towards achieving self-determination.

Do not miss the opportunity to meet with Dr. Isabelle Hénault, and ask her all your questions!

The cost to attend this conference is \$25 for parents, autistic individuals and students and \$60, for professionals.

For more information or to register, please visit: <http://autisme-montreal.com/en/our-services/conference-et-atelier/>

## HOLIDAY RESPITES

The Holiday Season will soon be here and it is important to plan it well! A total of 23 participants will attend the camp, with a shadow/participant ratio of 1 to 1.

Please note that for each camp, the cost includes lodging, food, activities and supervision.

### Christmas camp 1

Place: La Maissonnette

Dates: December 27 to 29, 2017

Number of places: 8

Cost: \$350

### Christmas camp 2

Place: La Maissonnette

Dates: January 2 to 4, 2018

Number of places: 7

Cost: \$350

### Christmas camp 3

Place: La Maissonnette

Dates: January 5 to 7, 2018

Number of places: 8

Cost: \$350

To take part in one or the other camps, you must register by phone on **OCTOBER 18TH**, starting at 7:30 a.m., and mention clearly the stay that you want at 514-524-6114, ext. 3182. Please note that the principle of "first come, first served" will be applied.

<http://autisme-montreal.com/en/our-services/christmas-camps/>

## ESTATE TRANSFER PLANNING

(Concerning individuals with intellectual disabilities)

### Information Session

November 21st 2017

7: 00 PM

4450 Saint-Hubert, room 434

During this 3-hour presentation notary Laurent Fréchette will talk about the delicate subject of estate transfer planning for families with a relative living with an intellectual disability or an Autism Spectrum disorder (ASD).

Through concrete examples, this presentation will help to:

- Familiarize oneself with wills in order to better plan for one's passing as a parent.
- Identify areas requiring reflection in the process leading to an estate transfer
- Propose a unique will-model adapted to the particular needs related to individuals with intellectual disability
- Present the concept of Human mandate
- Find out about wills and protection mandates in the event of incapacity. This segment will focus on legal and financial aspects, but will also refer to human aspects.
- Provide tips on how to be better prepared when meeting a notary.

An authority figure in his field for more than 20 years, M<sup>e</sup> Laurent Fréchette is known for his expertise regarding parents who have children with an intellectual disability or ASD. He collaborates with many other notaries, gives conferences throughout the province and is regularly interviewed by media. Furthermore, the Chambre des notaires published an article about him in the August 2017 "Entracte magazine".

#### PRESENTATION IN FRENCH.

For more information or to register: [ffirmin@autisme-montreal.com](mailto:ffirmin@autisme-montreal.com) or 514 524-6114 ext.3142.

For more information: <http://autisme-montreal.com/en/our-services/conference-et-atelier/>

#### CONTACT INFORMATION

Telephone: 514-524-6114

Fax: 514-524-6420

[accueil@autisme-montreal.com](mailto:accueil@autisme-montreal.com)

4450, Saint-Hubert Street, Room 320  
Montreal, QC, H2J2W9

For the complete contact information of our team, please visit:

<http://autisme-montreal.com/en/about-us/staff/>

## SHADOWING-BABYSITTING SERVICE

Autisme Montréal provides a shadowing-babysitting service.

In order to benefit from our services, you must meet various criteria:

- You must be member of Autisme Montréal, live on the island of Montreal and have a child with a diagnosis of ASD (or in the process of obtaining the diagnosis)
- Offer the shadow the minimum wage of \$11.25/hour (the recommended wage varies between \$11.25 and \$13.00 per hour).
- requesting a minimum service of three hours is mandatory (even if you need the shadow for less than that period of time, you still have to pay for three hours of service).
- Outing expenses and transportation during the shadowing for both the shadow and the child must also be paid by the families.

To register, the family must contact the community worker at: (514) 524-6114, extension 3162. You will be asked to give as much information as possible about your child (interests, behavior, etc.) and to specify your needs regarding the request (days, requested hours, type of desired services). We will then send you a document entitled "Child's profile" that must be completed and returned to us so that we can provide the shadow with relevant information regarding your child.

<http://autisme-montreal.com/en/ourservices/shadowing-and-babysitting/>