

AUTISME MONTRÉAL

NEWSLETTER

Volume 4, Number 7
MARCH 2019

2019 SUMMER RESPITE SERVICE

Once again this year, participants aged 3 to 24 years old will have the opportunity to enjoy a stay in our Summer respite service, once their registration has been confirmed. The Summer Respite Service welcomes individuals with autism spectrum disorders who live with their natural families.

The Summer Respite Service aims to provide support and respite for families, as well as enable participants to preserve the skills they have learned throughout the school year. All participants will have the opportunity to attend a camp session, in which they will be exposed to new experiences through their daily activities. The camp emphasizes the pleasure of learning alongside one's peers. We also work on helping participants develop a greater sense of autonomy, allowing them to take pride in their accomplishments, and to participate actively in community life. We select individual activities, group activities as well as outings in the community and municipal facilities.



The Summer Respite Service is divided into 3 sections:

Bergamote section: for participants aged 3 to 15 years old.

Rock-Camp-Bol section: for participants aged 14 to 24 years old.

Wasabi section: for participants with severe behavior problems and/or special needs.



The Summer Respite Service offers a ratio of one shadow for each participant, which can be adjusted as necessary.

BERGAMOTE:

The address will be soon confirmed with the Montreal School Board.

1st stay = June 24 to July 19, 2019

2nd stay = July 22 to August 16, 2019



ROCK-CAMP-BOL AND WASABI (including the socialisation group of Rock-Camp-Bol):

The address will be soon confirmed with the Montreal School Board.

1st stay = July 1st to July 23, 2019 (3 weeks and 2 days)

2nd stay = July 25 to August 16, 2019 (3 weeks and 2 days)

TIME: Monday through Friday, 9:00 a.m. to 4:00 p.m.
Daycare service available for a fee of \$ 15/hour (from 8:00 a.m. to 9:00 a.m. and 4:00 p.m. to 5:00 p.m.).

FEES: You must be a member of Autisme Montréal (\$30/year).

The camp fees are \$ 955 for 4 weeks participation at Bergamote.

The camp fees are \$ 850 for 3 weeks and 2 days at Rock-Camp-Bol and Wasabi.



PROCEDURES NEW FAMILIES

The information session for new parents wishing to register their children to the Summer Respite Service will take place on March 16, at 10:30 a.m. If you are interested, please come to meet us at Autisme Montréal's offices, 4450, St-Hubert Street, room 434.

Please note that no prior registration is necessary for this meeting. For more information, do not hesitate to contact us at 514-524-6114, ext. 3182.

For more information about the procedures and registration date, please click on the following link: <http://autisme-montreal.com/en/our-services/summer-respite-service/>

For more information about other summer respite service in Montreal click on the following link: http://autisme-montreal.com/wp-content/uploads/2014/09/r%C3%A9pertoire-camp_ang.pdf



WE ARE PREPARING FOR AUTISM AWARENESS MONTH, WITH A PROJECT FOR YOU!

AUTISM AWARENESS MONTH

AUTISM AWARENESS MONTH

The name of our campaign: A DIFFERENT LOOK.

Our goal: to show the public the large range of achievements that can be realized within the same large spectrum, such as autism.

Autisme Montréal needs you, members or all people touched in some way or another by autism, to promote this awareness campaign, during the 2019 autism awareness month. The success of this campaign is in your hands!

The project: display of photos, with different achievements realized by people with ASD of all ages. All achievements, whatever their level, may be considered. To help you find inspiration, here are a few examples.

Tell us about your achievement!

Ex.: Mathis, 10 years old, has not been wearing diapers in the last 5 months!

Ex.: Karine, 24 years old, has gotten her first job in a store.

Ex.: Charles, 19 years old, is now using public transportation by himself.

You would like to share an achievement? Complete the following form (you must have a Google account) before March 8 and your achievement will be presented in our social media during the month of April.

<https://goo.gl/forms/UIO6NziKojDv4EBc2> (In French)

There will be a draw among our participants to win a \$50 gift-card from Renaud-Bray at the end of April!

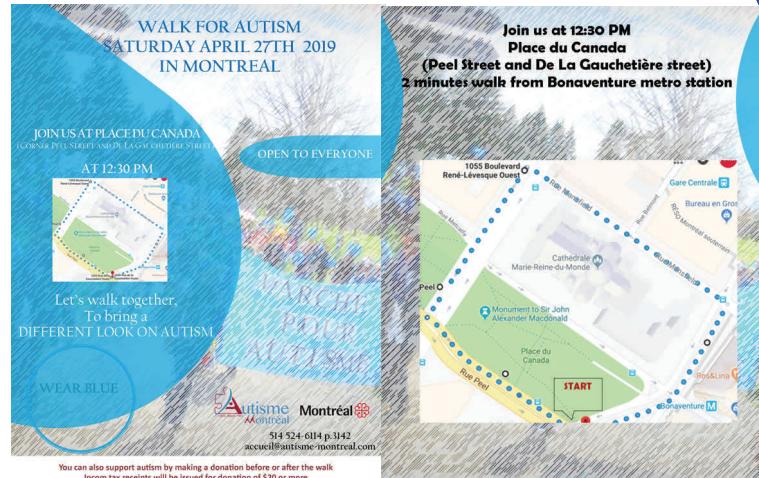
PROTEST

On Tuesday, April 2, 2019, World Autism Awareness Day, join us in front of the Montreal office of the Prime Minister, Mr. François Legault, for a festive gathering. Given the exponential increase in the number of individuals with autism and the problems noted in the health and social services network, it is URGENT TO TAKE ACTION! Together, let's raise our voices for autism!

Therefore, we will be expecting you in large numbers at 12:00 p.m. at 2001, McGill College (McGill metro station, exit De Maisonneuve) to make ourselves heard!

AUTISM AWARENESS WALK

You may already reserve the date of Saturday, April 27 in your diary for autism awareness walk, which will take place at Place du Canada, at 12:30 p.m. Please stay tuned for all the information regarding this walk.



INFORMATION SESSION WITH DR. SYLVAIN PALARDY, PSYCHIATRIST (Presentation in French only) AUTISM, COMORBIDITIES AND MEDICATION

May 9, 2019

7:00 p.m.

4450, Saint-Hubert, room 434

Free for members

\$20 for non-members

Children and teenagers with an autism spectrum disorder often have comorbidities that may sometimes be the cause of great suffering and have an impact on daily functioning. Medication can be used to help them and allow them to benefit from strategies implemented for them. During this presentation, we will talk about these comorbidities and the medication groups that may be used. We will also focus on some side effects that are sometimes more pronounced for our children and teenagers with ASD, while maintaining the principle: "most of all do not harm".

Biography

Dr. Sylvain Palardy is a psychiatrist and he is currently working at the Centre d'Évaluation Neuropsychologique et d'Aide à l'Apprentissage (CÉNAA).

Throughout his practice of more than 30 years, among other things, Dr. Palardy has managed a specialized clinic for young children at the Centre hospitalier universitaire Sainte-Justine and he has worked for a clinic dedicated to children and teenagers with an autism spectrum disorder and other problems, such as attention disorder and anxiety disorders. Clinical assistant professor at the Faculty of Medicine of the University of Montreal, he has supervised several future psychiatry specialists and was the Director of the psychiatry department of his University from 1998 to 2005. He has also presented numerous conferences in the health and school networks. His clinical interests include early childhood, autism spectrum disorder and its comorbidities, ADHD, maltreatment and post-traumatic stress disorder.

MANDATORY REGISTRATION

To register, please contact us at 514-524-6114, ext. 3142.

For more information, please visit the following link: <http://autisme-montreal.com/en/our-services/conference-et-atelier/>.

ANNUAL MEETING OF MEMBERS

Reserve Saturday, June 8 in your diary for a breakfast with Autisme Montréal. It will be an opportunity to gather for the Annual Meeting of members.

An official invitation will follow later on.

CONTACT INFORMATION

**Telephone: 514-524-6114
Fax: 514-524-6420**

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**For the complete contact information of our
team, please visit:
[http://autisme-montreal.com/en/about-us/
staff/](http://autisme-montreal.com/en/about-us/staff/)**

