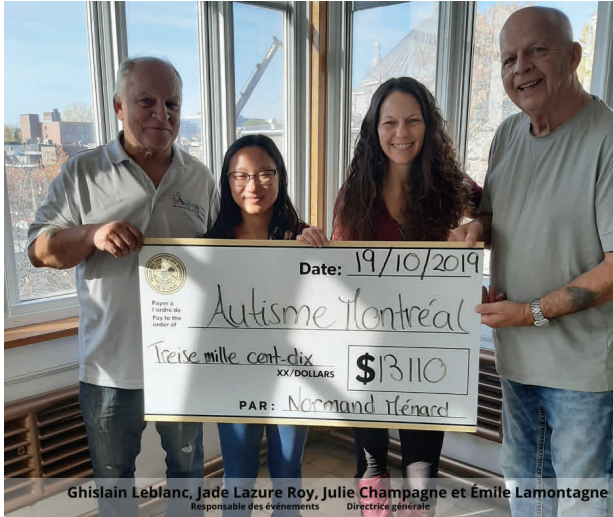


THANK YOU

We wish to thank Mr Normand Ménard (leader of fundraising initiative but absent from picture), Mr Ghislain Leblanc and Mr Émile Lamontagne from the Club Pêcheurs et Chasseurs sportifs du Lac Saint-Louis. Together, they decided to organize different activities to raise funds for Autisme Montréal. Through a bowling tournament and a spaghetti dinner, the three men raised 13 110\$. The amount received will support all of the respite services that we provide to families with children with autism spectrum disorders.

Thank you for your efforts and generosity.



AN UNFORGETTABLE DAY AT THE VILLAGE DU PÈRE NOËL IN VAL-DAVID

Sunday, **December 22** is a date to save on your calendar! To let you enjoy the magic of the Holidays, Autisme Montréal is organizing a day trip to the **Village du Père Noël** in Val-David! The whole family is invited! To register, you must call Valérie St-Pierre, Responsible of Direct Services, at 514-524-6114, ext. 3182 before Friday November 22, and to indicate the number of children and adults who will participate in this trip.

Please take note that this activity is only possible because of the generosity of the elves of the Village du Père-Noël. Thus, during your registration we will also ask you to mention the voluntary contribution you will make per participant.

Autisme Montreal is offering free transportation by school bus! If you register, please make sure that you will be present the day of this activity (many families would like to attend but will not be able to due to the limited number of places). Departure by school bus will be at **10:00 a.m.** from the parking lot situated at 4449 Berri street (behind the building in which the offices of Autisme Montréal are located in). It is essential to be on time. The school bus will depart from Val-David at **2:00 p.m.** and will return to the parking lot located at Autisme Montreal's offices.

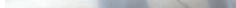
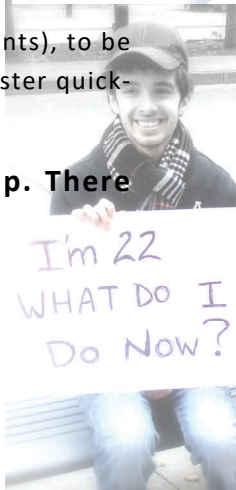
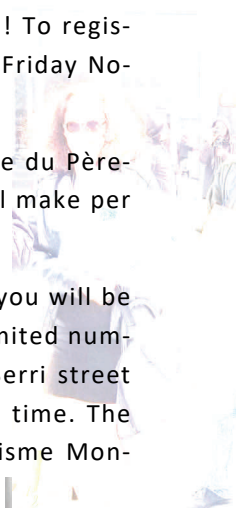
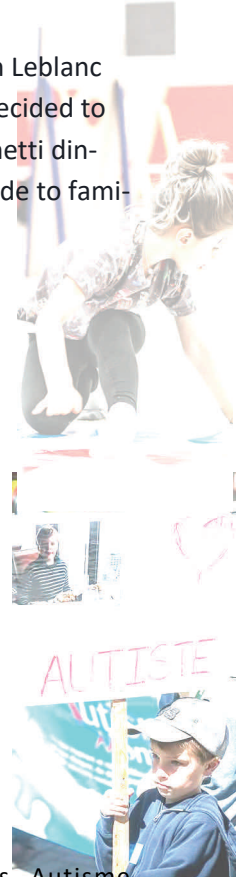
Please make sure you are dressed according to the weather (hat, mittens, scarf, warm coat and snowpants), to be able to really enjoy this activity. Please bring extra clothes, facial tissues, water and a cold lunch. Register quickly, because the number of places is limited.

****We remind you you will be responsible to supervise your children during this trip. There will not be any shadows available for this activity.****

To register: 514-524-6114, ext.3182

Looking forward to seeing you there!

Autisme Montréal NEWSLETTER –September to May, every
First Monday of the month.



Cook Your Lunch Workshop (activity for adults with ASD without intellectual delay)

New activity: the cooking workshops consist of preparing 2 simple and healthy dishes in groups to develop the autonomy of the participants in a friendly atmosphere, where they can enjoy a meal together. Afterwards, they bring back portions for their lunch of the week.

If you wish to obtain additional information on this activity, you may contact:

Monalisa Didier

Community Worker

514-524-6114, ext. 3141 or mdidier@autisme-montreal.com

<http://autisme-montreal.com/en/our-services/asd-without-intellectual-delay-activities/>

SPRING BREAK CAMP

It is already time to plan the 2020 spring break and once again this year, Autisme Montréal will be offering a day camp during this period for children and teenagers with an autism spectrum disorder who live in Montreal.

NUMBER OF PLACES: 16

AGE: 4 to 21 years old (school age)

PLACE: École de l'Étincelle (6080, de l'Esplanade, in Montreal)

DATE: March 2 to March 6, 2020

SCHEDULE: 9:00 a.m. to 4:00 p.m.

COST: \$390

HOW TO REGISTER

To register, you must call the Responsible of Direct Services at **514-524-6114, ext. 3182**. Then, we will draw names from all the registrations received. During the week of December 9, 2019 we will let you know if you have a place or not.

REGISTRATION DATES

November 18 to December 6, 2019 (at noon). No registration will be accepted afterwards.

If you reach the voice mail, you can leave a message with the name of your child as well as your contact information.

For more information, please contact us at 514 524-6114, ext. 3181.

LA MAISONNETTE - WINTER 2020

It is already time to think about registering your child to the 2020 winter weekends at La Maisonnette.

Registrations will be made by phone on November 1, 2019 by calling the Responsible of Direct Services, starting at 8:30 a.m. Please note that registrations will be made according to the order of the phone calls received, so the principle of first come, first served will be applied.

If you reach the voice mail, you can leave a message with your name, the name of your child, your telephone number as well as the desired dates, in order of preference. To consult the calendar, please click on the link below. Please note that you are entitled to one weekend per season.

<https://autisme-montreal.com/en/our-services/weekend-respite/>.

THE MAGIC OF CHRISTMAS

Autisme Montréal is happy to invite its members to the annual Christmas Party. Come have fun and exchange with other families in the festive mood of the Holiday season.

Saturday, December 7, 2019, from 1:00 p.m. to 4:00 p.m. at the Centre communautaire Petite-Côte, located at 5675, Lafond Street, in Montréal.

****We will be welcoming you from 1:00 p.m. to 2:00 p.m.****

You must register as soon as possible (no later than Wednesday, November 13) by calling us at 514-524-6114, ext. 3142.

For more information: <http://autisme-montreal.com/en/our-services/christmas-party/>.

CHRISTMAS FOOD DRIVE

Again this year, we wish to give a hand to families in need chosen by Autisme Montréal by delivering food baskets for the Holiday Season. We are thus calling on you to help us help them through our annual food drive for non-perishable goods.

Here is some ideas of goods that will enable us to make interesting food baskets:



You also can offer a grocery gift-certificate (Autisme Montréal will then be able to buy items in need) or you may give a toy to make a child happy! You can drop your donations at our offices from November **4 to December 6** between 8:30 AM and 4:30 PM. Another opportunity to make a donation will be during our Christmas party that will take place on December 7.

CONTACT INFORMATION

Telephone: 514-524-6114

Fax: 514-524-6420

accueil@autisme-montreal.com

4450, Saint-Hubert Street, Room 320

Montreal, QC, H2J2W9

For the complete contact information of our team, please visit:

<http://autisme-montreal.com/en/about-us/staff/>

